

“FAST TRACK”: INCREASING ACCESS TO REPRODUCTIVE HEALTH CARE SERVICES FOR ADOLESCENTS BY IMPLEMENTING EVIDENCED-BASED PROTOCOLS

Course Objectives:

1. Discuss current evidence-based screening criteria for cervical pathology and sexually transmitted infections.
2. Review procedures for utilizing the “Quick Start” method for initiation of hormonal birth control.
3. Consider the importance of integrating new ways of delivering clinical services to enhance patient access and outcomes and to further public health goals to reduce unintended pregnancy.

Audience: Physicians, Advanced Practice Clinicians, Nurses, Program Administrators and Medical Directors in Title X, Family Practice and Pediatric Practice settings.

Background: Recent trends indicate, for the first time in a decade, that teen pregnancy rates are on the rise. In addition to these trends, teens are disproportionately affected by sexually transmitted infections (STI) like chlamydia and gonorrhea. Research has also shown that adolescents experience apprehension about the need to undergo a pelvic exam, as a prerequisite to receipt of contraception or STI screening. This is a significant barrier to accessing services and has been listed as one of the top 3 reasons why sexually active teens don’t access reproductive health care.

This Webinar will review evidence-based protocols and practices to support the design and delivery of reproductive health services to adolescent females that will facilitate enhanced access to contraception and STI screening, streamlined clinical processes and enhanced patient outcomes. It will focus on the provision of reproductive health care without a pelvic exam and include a review of current pap smear guidance, same day (Quick Start) initiation of hormonal birth control and the provision of chlamydia and gonorrhea screening utilizing urine or vaginal swab testing technology. Participants will be provided with tools and templates to implement “Fast Track” services for adolescents.

Sponsored By: Region II Family Planning Training Center, Reproductive Health Access Project and NYS Area Health Education Center System and the Region II Infertility Prevention Project

Continuing Education Credits:

1.0 AMA PRA Category 1 Credit(s)™ available

1.0 Nursing Contact Hour(s) available

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through Cicatelli Associates Incorporated (CAI). CAI is accredited by the ACCME to provide continuing medical education for physicians.

CAI designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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It has been assigned code: 75DPVK-PRV-07-194

Presenter Biographies

CAROLINE M. HEWITT, MSN, RN, WHNP-BC, ANP-BC

Ms. Hewitt is a dual certified Women's Health and Adult Nurse Practitioner with over ten years experience providing primary and reproductive health care to women in a diversity of clinical settings. She currently the Director of Clinical Education at Cicatelli Associates as well a Clinician at Planned Parenthood of Hudson Peconic. Ms. Hewitt serves on the Board of Directors of the National Certifying Corporation and is the former Director of the Women's Health Nurse Practitioner Program at Columbia University School of Nursing.

RUTH LESNEWSKI, MD

Ruth Lesnewski, MD graduated from the University of California, San Francisco in 1987 and completed her residency in family medicine at Montefiore Medical Center in 1990. Currently, Ruth works both as an attending physician at Beth Israel Residency Program in Urban Family Practice and as medical director of East 13th Street Family Practice in Manhattan. In her clinical practice, Ruth provides full-spectrum reproductive health care, including contraception and medication abortion. Ruth is also the Education Director of the Reproductive Health Access Project, a non-profit dedicated to integrating contraception and abortion into primary care.