



Providing Positive Results is a Team Effort

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Disclosure Statement

- I have no real or perceived vested interests that relate to this presentation nor do I have any relationships with pharmaceutical companies, biomedical device manufacturers, and/or other corporations whose products or services are related to pertinent therapeutic areas.

Learning Objectives

- Identify the population(s) of youth that are most affected by HIV.
- Summarize the "Big Picture" of HIV testing. List three points made.

Linda Vista Health Care Center



San Diego Family Care

Two Clinic Sites

- Linda Vista Health Care Center
- Mid City Community Clinic

Structure

- Local Community Clinic
- Funding Sources

San Diego Family Care Cont'd

Programs

- Teen Access
- HIV/Family Planning Integration Grant
- Family PACT
- Other Programs

HIV/AIDS

- The number of youth infected with HIV has increased each year among youth aged 13-24 years old over the most recent five year period reported.¹
- It is estimated that 22,322 new infections occurred in youth during the 2001-2005 period.¹

¹ Department of Health and Human Services, Centers for Disease Control and Prevention. HIV/AIDS Surveillance Report 2005. [cited 2005]. Available from: URL: <http://www.cdc.gov>

HIV/AIDS

- HIV disproportionately affects African American and Hispanic adolescents, they account for 66% and 21% of infections respectively.²

² National Institutes of Health (NIH). HIV Infection in Adolescents and Young Adults. Department of Health and Human Services. May 2006. URL: <http://niaid.nih.gov/factsheets/hivadolecent.htm>

HIV/AIDS

Table 1: Modes of HIV Transmission in Females Over 5-Year Time Periods, San Diego

	Time Period of Diagnosis				Cumulative
	1985-1989	1990-1994	1995-1999	2000-2004	
Heterosexual Contact	35.2%	47.3%	49.5%	65.4%	51.4%
IDU	28.4%	37.3%	43.0%	31.6%	36.8%
Transfusion/Transplantation	26.2%	11.6%	3.1%	0.4%	7.1%
Mother w/HIV	8.0%	2.3%	3.1%	1.3%	2.8%
Other*	2.2%	1.5%	1.3%	1.3%	1.9%
Total in Group	88	311	293	234	926

* Includes clotting disorders, risk not specified, and other confirmed risks
Source: Community Epidemiology, HHSA, County of San Diego, 2007.

HIV Rapid Testing



HIV Testing—Big Picture

- ◆ HIV Rapid Testing initiation. Staff anxiety about providing preliminary results.
- ◆ Be Prepared! Organization of counseling room. Having appropriate paperwork, phone, tissue...etc.
- ◆ Staff meetings to discuss protocols. Staff feedback on specific cases. Role-Playing.

Cases

- ◆ 22 year old male. Came to clinic requesting and HIV test specifically. Patient does not have symptoms.
- ◆ 24 year old male to female. Patient found out about clinic through outreach work.
- ◆ 45 year old male that came in for HIV testing. Experiencing host of symptoms for months.

HIV Post-Test Counseling Checklist

- Disclose Results
- Assess client's emotional state
- Discuss positive result/information
- Explore feelings/behaviors/emotional issues
- Discuss need for medical follow-up
- Provide Referral list
- Specific action plan

Body Language

- | <u>Verbal</u> | <u>Non-Verbal</u> |
|--------------------|--------------------|
| Talking fast | No eye contact |
| Talking too much | Facial expressions |
| Not talking at all | Posture |
| Tone | Hands |

Post Test Counseling 1st Visit

- ◆ Greet patient in a warm and friendly manner. Health Educators experienced in providing difficult news. Sit close to patient when giving results, sit at eye level (no standing-up).
- ◆ Make sure to let co-workers know that you may need extra time to spend with your patient.
- ◆ Have medical provider and mental health counselor available at clinic. Touch base with counselors before giving results.
- ◆ Discuss positive result. Talk about the likelihood of the preliminary positive results.

Post Test Counseling 1st Visit

- ◆ Assess body language/emotional state. Non Verbal/Verbal cues are important. Screen for suicidal ideation.
- ◆ Ask patient if they need time alone, do they need to make a phone call. Is there someone in the waiting room that they would like to bring in.

Post Test Counseling 1st Visit

- ◆ Discuss relationship(s). Are there signs of abuse? Partner notification. Discuss options of notification (in person, phone, e-mail, anonymously)
- ◆ Setup appointment with HIV case manager at partnering agency. Have patient talk directly to case manager.
- ◆ Setup a plan for the next few days. Who is the patient going to tell? Where will the patient be staying?
- ◆ Setup time for patient to return for clinic for confirmatory results.

Post-Test Counseling 2nd Visit

- ◆ Review Confirmatory Test Results.
- ◆ Follow-up on emotional state and any other issues discussed during first visit.
- ◆ Have health educator discuss case during next meeting. What are some things that need improvement?

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