

Giving Positive Results

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Northeast Valley Health Corporation

- JCAHO-accredited, federally qualified health center
- Non-profit organization community owned and operated
- 10 licensed health centers, 13 Women's, Infants, and Children's (WIC) sites, 3 substance abuse counseling and recovery centers, a dental clinic, 3 school-based clinics, a homeless clinic, and the HIV Division.



Project Description/Data

- To provide confidential and anonymous HIV tests to family planning clients at risk for HIV infection.
- September 2004 to December 2005
 - Return for Results Rate = 85.91%
 - Males = 41%
 - Females = 59%
 - Hispanic/Latino = 60%
 - White = 24%



Number of Positives

- September 2004 - December 2005
 - Confirmed Positives = 9
 - All Referred into Care/Treatment
- **Age 20-24** = 1 Male Hispanic + 1 White Female
- **Age 25-29** = 1 Male Hispanic
- **Age 30-34** = 2 Male Hispanic + 2 White Male + 1 Asian Female
- **Age 45+** = 1 Male Hispanic



Giving Positive Results

- Preparation for HIV + disclosure
- Actual Disclosure Session
- Client Responses
- Debriefing Sessions



Preparation for Disclosure

- Counselor Preparation
 - Individual
 - Group
- HIV Division Preparation
 - Medical
 - Case Management
 - Mental Health



Actual Disclosure Session

- Assessing clients readiness
- Retrieving and disclosing results
- Assessing clients emotional state
- Exploring feelings/thoughts
- Identifying sources of support
- Discuss need for medical follow-up



Client Responses to Results

- Various responses
- Case Examples
 - Example A = Infected Mother/ Infected Child
 - Example B = Infected Married Female



Debriefing Sessions

- Program Manager and Counselor
 - Coping strategies
- Group

