

National Training Center for Family Planning

Quarterly E-Newsletter

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www.fpntc.org

Issue 3

Greetings!

We are pleased to bring you the third edition of the National Training Center (NTC) for Family Planning **E-Newsletter**. The goal of this quarterly newsletter is to keep you informed of the latest news and recent and upcoming events related to training for family planning providers.

The purpose of the NTC for Family Planning is to assist the Office of Population Affairs, Office of Family Planning (OPA/OFP) and their Title X Regional and National Training Centers in planning, developing, and coordinating training activities in order to enhance and support training of personnel to carry out Family Planning service programs. Cikatelli Associates Inc (CAI) coordinates the NTC for OPA/OFP.

We hope you will find this quarterly newsletter useful, and welcome your comments and suggestions about how to improve both our newsletter and related website, www.fpntc.org. Please send us ideas for items – or completed articles – you would like to see featured in the e-newsletter. Contact doris@cicatelli.org.

Sincerely,

Kathryn Gates-Ferris, Project Director
Doris Saintil, Project Coordinator

Featured Items

- **NTC Resource Database**
- **Male Chlamydia Screening Supplement to STDs**
- **Human Trafficking Audio Conference**
- **OPA Training Centers Meeting**
- **HIV Integration Guidance**

RTC Highlights

- **Region I Distance Learning**
- **Region VII PFA Training**
- **Region X Reproductive Health Conference**

Upcoming National Events

- **December 9, 2008** – *Audio Conference: Sexual History-Taking: Focus on STIs*
- **January 21, 2009** – *Human Trafficking Audio Conference*
- **April 22-24, 2009** – *Title X HIV Prevention Grantee Conference* in San Diego, CA
- **May 4-6, 2009** – *Male Health Conference* in New Orleans, LA
- **July 12-16, 2009** – *Male Health Educator Training Institute* in Dearborn, MI
- **August 19-21, 2009** – *National Title X Grantee Conference* in Chicago, IL

visit our website: www.fpntc.org

Featured Items

NTC Resource Database

The NTC has been working with all of the OPA funded training centers to collect and post resources to the NTC Resource database. The purpose of the resource database is to catalogue the training materials developed by the national and regional training centers, and to increase access to useful training resources amongst that membership. Materials are sorted by priority topic areas that range from financial education and marriage to HIV and STIs. All OPA funded training centers can enter their resources directly on the NTC website or materials can be sent to doris@ciatelli.org for submission.

Male Chlamydia Screening Supplement to Sexually Transmitted Diseases

When the CDC convened the consultation devoted to male chlamydia screening in March 2006, several post-meeting goals emerged, including issuing a meeting report and Dear Colleague letter. The CDC has completed both and they are available from the CDC Web site:

www.cdc.gov/std/chlamydia/ChlamydiaScreening-males.pdf

www.cdc.gov/std/chlamydia/Dear-Colleague-Male-CT-Screening-2007.pdf

Another goal was to publish the literature reviews that were presented at the consultation as a supplement to Sexually Transmitted Diseases. That supplement has now been published and contains the reviews from the consultation plus additional articles on male screening. Those who subscribe to Sexually Transmitted Diseases will receive the supplement with the November issue. For a print copy, send a postal address to tgift@cdc.gov.

Human Trafficking Audio Conference

In an effort to increase family planning providers' knowledge about human trafficking, the Family Planning Regional Training Centers are sponsoring an audio conference entitled, "Human Trafficking: A Family Planning Perspective." During this audio conference, participants will hear from national experts in the field of human trafficking, learn how to identify patients who are being trafficked and will be given opportunities to ask questions. The target audience for the audio conference is family planning and reproductive healthcare staff working for federally-funded family planning programs. The audio conference is scheduled for Wednesday, January 21, 2009 from 3 - 4:30 EST. Participants will register with their respective RTC.

OPA Training Centers Meeting

The OPA funded Regional Training Centers (RTCs), the National Clinical Training Center, and the National Male Training Center will be meeting in New York City on January 7-8, 2009 to continue discussions on developing outcome evaluation strategies and tools for training programs. The RTCs first met on this topic in January 2008 and have been working with an evaluation consultant to develop some national approaches to evaluating training programs.

HIV Integration Guidance

OPA and the NTC are working with CDC to develop guidelines for family planning programs on integrating HIV services. A draft of the guidelines is currently under review, and it is expected that the finalized document will be ready in mid-2009.

Region I RTC: Going the Extra Mile with Distance Learning

When the number of people attending family planning training in Region I dropped in recent years, assessments showed that the time and distance to training, tight schedules, and a lack of substitute staff made it difficult for clinic staff to attend face-to-face trainings. As a result, JSI has offered more webinars as a way to provide accessible training to Title X staff. They have proven to be an inexpensive and convenient way for staff to acquire new skills and updated clinical information. Hosting the webinars during lunch hours has allowed for high participation and encourages staff to participate in groups at their work sites. Clinical webinars have been popular and staff have reported using the recorded Genital Dermatology webinar as a reference in clinic. Over 145 individuals attended the live webcasts last year and they remain a durable resource for future use. JSI provides CEUs for live and recorded webinars, which are archived on our website: <http://www.famplan.org/trainingarc.htm>. Following four successful webinars last year (the most popular was Teens and Technology – Reaching Family Planning Clients through New Media), JSI plans to host seven more this year on topics including: Hepatitis A,B,C; contraceptive decision making; menstrual disorders; using text messaging in FP settings; effective website design; and two more to be determined.

Other recent Region I distance learning initiatives include an online course entitled, *Inside the Adolescent Brain: New Perspectives for Family Planning Providers*; and several durable materials for providers, such as, DVD about the Prevention of Sexual Coercion a Guide for Family Planning Counselors; Clear Communication: A Family Planning Provider's Guide to Developing Easy-to-Read Materials and Plain Language Glossary of Reproductive Health Terms; and grantee-specific HIV Referral Guides.

For more information about JSI's distance learning programs and other efforts to bring new technology training to family planning providers, contact Katie Martocci at kmartocci@jsi.com, 617.549.4983.

Region VII: Patient Flow Analysis Training - Using Technology to Teach Technology

As the costs of family planning service delivery increases, strategies for increasing clinic efficiency become more important. Patient Flow Analysis (PFA) is one tool that can be used to quantify client flow, identify roadblocks to clinic flow, and measure changes in the service delivery process. Despite WinPFA software availability through the Centers for Disease Control and Prevention, WinPFA has not been well utilized in Region VII. This underutilization is the product of a few factors: the software is not easy to learn, it requires time away from the clinic to learn, and there are not enough consultants to set up studies for agencies. Realizing WinPFA's underutilization, Development Systems, Inc (DSI) will be offering a four-part webinar on how to conduct a PFA study. While the content of this training is not new, the training design and delivery method is. PFA training is usually conducted in a face-to-face format, however; DSI has decided to use the web based format of webinars to maximize the number of participants able to attend and thereby increasing the number of persons available to conduct PFA throughout the region.

This four-part training will be conducted beginning in January and ending in February of 2009. Part one and two of the series will focus on the pre-PFA process including how to discuss PFA with staff, the benefits and limitations of PFA, general overview of the WinPFA software, necessary paperwork, how to modify the data collection tool to fit individual clinic structures. At the conclusion of the 2nd webinar,

participants will be asked to conduct a PFA study of a family planning clinic. Participants will then use the data from the PFA in part three and four to focus specifically on how to input data, clean data, generate reports and graphs, interpret and communicate WinPFA results, and how to use PFA with clinic redesign.

Realizing that a PFA study is only a tool that, by itself, does not lead to increased efficiency, DSI will offer a webinar on the 12 principles of clinic redesign prior to the PFA series. In the Clinic Redesign webinar, participants will not only learn the 12 principles of clinic redesign and the change theory but will be asked to develop a plan, that if implemented could enhance the efficiency of their clinic operations.

The expected outcomes from offering these two trainings are an increased number of managers and clinic staff who have the tools to identify the current level of efficiency, create plans of action to move them towards increased efficiency, and have the means to monitor their progress towards their established goals.

Region X RTC's Reproductive Health Conference: March 25-27, 2009, Portland, Oregon

Our 38th annual 3-day reproductive health conference (RH2009) for clinicians, community educators, counselors, clinic managers and program administrators provides high quality continuing education and clinical updates that are evidence-based and focused on best practices. This conference (and pre-conferences on Tuesday, March 24th) will include clinical, educational and clinic/program management sessions.

The annual northwest RH conference is known for its outstanding faculty and important topic updates on contraceptives, STD/HIV assessment and treatment and a broad range of related clinical, psychosocial and program management issues. Clinicians, health care providers, educators and managers find this event an excellent opportunity to update their knowledge and skills, in addition to being able to share and network with colleagues and professionals from around the country.

More information about individual session topics and speakers will be posted on the Center for Health Training website in December 2008. Registration will begin January 2009. Visit www.centerforhealthtraining.org

Upcoming National Events

December 9, 2008 *Audio Conference: Sexual History-Taking: Focus on STIs*

The sexual history is a starting place for interventions that help clients prevent unintended pregnancy and STIs, yet it is often overlooked. This audio conference will provide information that enables family planning staff to identify clients over the age of 25 that should be screened for STIs, as well as who not to test for chlamydia, gonorrhea and HIV. Recent research findings that suggest new issues to address in the sexual history will also be discussed. Registration details can be found at:

http://www.centerforhealthtraining.org/calendars/IX-dec_08.html.

January 21, 2009 *Human Trafficking Audio Conference*

The target audience for the audio conference is family planning and reproductive healthcare staff working for federally-funded family planning programs. The audio conference is scheduled for Wednesday, January 21, 2009 from 3 - 4:30 EST. Participants will register with their respective RTC.

April 22-24, 2009 *HIV Prevention Grantee Conference* in San Diego, California.

The tenth OPA/OFP HIV Prevention Project Annual Technical Support Conference for the OPA-funded HIV Integration projects will be held in April, 2009. The conference is open to staff of the OPA-funded HIV Prevention Projects, the OPA training centers, and OPA regional office staff. The conference is being coordinated by the National Training Center under the direction of OPA/OFP. A "Save-the-Date" flyer will be distributed in September 2008 and the conference registration packet will be available in January 2009.

May 4-6, 2009 *Male Health Conference* in New Orleans, Louisiana

The Family Planning Male Training Center will conduct the 2009 Male Health Conference from May 4-6, 2009 in New Orleans, Louisiana. This exciting three-day conference will focus on the issues that challenge male family planning and male reproductive health programs while providing a great opportunity for professionals working in these areas to network while learning about new developments, emerging trends and refinements of traditional strategies for increasing male involvement. Please visit www.fpmtc.net for additional information.

July 12-16, 2009 *Male Health Educator Training Institute* in Dearborn, Michigan.

The Male Health Educator Training Institute is an annual intensive week-long seminar sponsored by Title X to support its continuing commitment to male reproductive health. The Institute is designed to provide health educators with comprehensive knowledge of reproductive health, family planning and basic health education competencies to enable them to work more effectively with male clients in family planning programs and clinics. The Institute presents two training modules each day and attendance at each module is mandatory. Interested health educators must apply by April 3, 2009 to their OPA Regional Program Consultant. For further information, please go to www.cicatelli.org/maleheti.

August 19-21, 2009 *National Title X Grantee Conference* in Chicago, Illinois.

The bi-annual meeting of Title X funded programs will be held in Chicago during August 2009. The conference is being coordinated by the National Training Center under the direction of OPA/OFP. A conference planning committee will be developed in the next few months. A "Save-the-Date" flyer will be distributed in November 2008 and the conference registration packet will be available in Spring 2009.