

National Training Center for Family Planning

Quarterly E-Newsletter

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www.fpntc.org

Issue 7

Greetings!

We are pleased to bring you the seventh edition of the National Training Center (NTC) for Family Planning E-Newsletter. The goal of this quarterly newsletter is to keep you informed of the latest news and recent and upcoming events related to training for family planning providers.

The purpose of the NTC for Family Planning is to assist the Office of Population Affairs, Office of Family Planning (OPA/OFP) and their Title X Regional and National Training Centers in planning, developing, and coordinating training activities in order to enhance and support training of personnel to carry out Family Planning service programs. Cicatelli Associates Inc (CAI) coordinates the NTC for OPA/OFP.

We hope you will find this quarterly newsletter useful, and welcome your comments and suggestions about how to improve both our newsletter and related website, www.fpntc.org. Please send us ideas for items – or completed articles – you would like to see featured in the e-newsletter. Contact doris@cicatelli.org.

Sincerely,

Kathryn Gates-Ferris, Project Director
Doris Saintil, Project Coordinator

Featured Items

- **Family Planning Basics Course**
- **Region II Family Planning Training Center Co-Sponsors *Adolescent Health Institute 2009***
- **Natural Family Planning Research Project**

Tools and Resources

- **Title X Orientation Online Training**
- **Sexual History-Taking Toolkit: Focus on STIs**

Upcoming National Events

- **January 27-28, 2010** – *National and Regional Training Centers Annual Meeting* in Phoenix, AZ
- **April 7-9, 2010** – *39th Annual Reproductive Health Conference* in Bellevue, WA
- **April 27-29, 2010** – *HIV Prevention Grantee Technical Support Conference* in Tampa, FL
- **July 2010** – *Male Health Educator Training Institute* in TBA
- **August 1-3, 2010** – *National Clinical Training Center Annual Conference*, St. Louis, MO

Visit our website: www.fpntc.org

Featured Items

Family Planning Basics Course

The Region IX Center for Health Training (CHT) is offering a two-day course called *Family Planning Basics*. The course, developed by Marsha Gelt and Johanna Rosenthal, covers basic information on topics that provide the groundwork for family planning clinic staff to deliver education and counseling. After completing the course staff can receive competency certification by passing a written exam and oral role-play. Staff may also take a “challenge” exam without attending the course.

Family planning supervisors can use this certification to check that their staff have the skills and knowledge to provide quality, unbiased family planning education and counseling. CHT’s offices in Regions VI and X have recently begun to offer the course in their regions as well.

In the Spring of 2010, as an alternative to the two-day course, family planning staff will have the option to participate in a Family Planning Basics online course followed by one day of face-to-face training focusing on skill building. As a result of this training being offered with competency-based testing, Family Planning Basics has become recognized as the standard for comprehensive basic family planning training across the western United States. For more information, visit www.centerforhealthtraining.org

Region II Family Planning Training Center Co-Sponsors Adolescent Health Institute 2009

Cicatelli Associates Inc. (CAI) co-sponsored the eleventh annual *Adolescent Health Institute (AHI): Exploring the Challenges Facing Youth Today*. The conference, held November 13, 2009 in East Windsor, NJ, was a collaborative effort between CAI and the New Jersey Department of Health and Senior Services. The conference attracted 133 attendees including family planning staff, school nurses, and school social workers from throughout New Jersey and the metropolitan New York area.

AHI provided the adolescent stakeholders throughout New Jersey the opportunity to focus on new information and resources as they relate to the many issues facing youth, as well as opportunity to network with each other. Topics presented in the 2009 conference included: Anxiety in Adolescence; Domestic Violence Exposure; Sexually Transmitted Infections (HIV, HPV, and Chlamydia); Sexual Violence; and Youth Resiliency.

Natural Family Planning Research Project

The Natural Family Planning Research Project is a study designed to expand the body of knowledge regarding the reasons why family planning clients choose the Fertility Awareness Method (FAM), specifically the Standard Days Method using CycleBeads. In conjunction with Georgetown University's Institute of Reproductive Health, the Center for Health Training (CHT) is conducting research at two California clinics. CHT Training Managers Beatriz Reyes and Renee Marshall have conducted staff trainings at these clinics on the Standard Days Method so that it can be offered as an additional option to clients who are interested in a non-hormonal, non-device birth control method.

This project is designed to identify and evaluate innovative strategies that could lead to increased or improved utilization of this method. It will also increase knowledge and support for individuals and couples wishing to use the method and determine the predictors of success among these clients. Visit www.centerforhealthtraining.org for more information.

Tools and Resources

Title X Orientation Online Training

Managers and staff of Title X-funded sites are encouraged to review the new and improved self-paced Title X Orientation online training. Learn about the history of Title X and how it impacts your clinic and practices. There are modules for general staff, counselors, and managers; participants can complete up to two tests to receive certificates of completion to satisfy state or employer job requirements. Please note that this Orientation replaces all CD-ROMs and previous versions of the Title X Orientation. CHT will no longer offer continuing education on any CD-ROM version of the Title X Orientation. For more information and to take this free course, go to:

http://centerforhealthtraining.org/calendar/onlinetrainings/ot_txor.html

Sexual History-Taking Toolkit: Focus on Chlamydia, Gonorrhea and HIV in the Family Planning Clinic

The *Sexual History-Taking Toolkit: Focus on STIs* is designed for clinicians, nurses, medical assistants and other clinic staff that conduct sexual histories and risk assessments with family planning clients. Marsha Gelt (Center for Health Training - Region IX) and Linda Creegan (CA STD/HIV Prevention Training Center) developed the kit as part of the Region IX Infertility Prevention Project. The toolkit, which is available for downloading at www.centerforhealthtraining.org, consists of:

- Information about how to integrate sexual history-taking into client care
- *Comfort Scale*: a personal comfort self-assessment exercise for staff
- The current national recommendations for chlamydia, gonorrhea and HIV screening
- Samples of self-administered history forms that contain essential sexual history questions for females and males
- *Questions to Ask*: a pocket guide with the most important, basic questions to ask in a STI-focused sexual history
- A demonstration video that presents four dramatizations of sexual history-taking interviews; each scenario is analyzed by experts from the field to give concrete examples of what to do and not to do, with recommendations for testing provided at the end of each scenario

Upcoming National Events

January 27-28, 2010 *National and Regional Training Centers Annual Meeting* in Phoenix, Arizona. The Training Centers will convene in Phoenix, AZ to share tools and lessons learned around Clinic Efficiency and Quality Improvement. They will also learn new and innovative approaches to this topic from an expert in the world beyond Title X. For further information, please contact Doris Saintil, MPH at doris@cicatelli.org.

April 7-9, 2010 *39th Annual Reproductive Health Conference* in Bellevue, Washington. The 2010 Reproductive Health Conference (RH 2010) is for clinicians, community health educators, clinic and program managers, and other staff who work in family planning or other reproductive health care clinics or agencies. This three-day conference will provide high quality continuing education (CNE and CME) and clinical updates that are evidence-based and focused on best practices and will include clinical (with pharmacology), educational, and management sessions.

The conference is known for its outstanding faculty and important updates on contraception, STD/HIV assessment and treatment, and a broad range of related clinical, education/counseling and administrative sessions. Information about the individual session topics and speakers can be found on the Center for Health Training website: <http://www.centerforhealthtraining.org/RH2010/>.

April 27-29, 2010 *HIV Prevention Grantee Technical Support Conference* in Tampa, Florida.

The 2010 meeting of the OPA-funded HIV Prevention Grantees will be held in Tampa. The objectives of this annual conference are to update HIV Prevention projects on recent initiatives and advancements in HIV prevention; to explore strategies to improve integration of routine testing; to strengthen partnerships among the projects and grantees, both regionally and nationally; and to build skills related to prevention education and HIV/AIDS counseling. Registration information should be available by January 2010. Presentations and topics covered at previous conferences can be viewed and downloaded at www.cicatelli.org/opa.

July 2010 *Male Health Educator Training Institute* in TBA.

The Male Health Educator Training Institute is an annual intensive weeklong seminar sponsored by Title X to support its continuing commitment to male reproductive health. The Institute is designed to provide health educators with comprehensive knowledge of reproductive health, family planning and basic health education competencies to enable them to work more effectively with male clients in family planning programs and clinics. The Institute presents two training modules each day and attendance at each module is mandatory. Please visit www.cicatelli.org/maleheti for future updates and information.

August 1-3, 2010 *Title X National Family Planning Clinical Conference* in St. Louis, Missouri.

This annual conference is intended for anyone providing reproductive health care to women, including Women's Health, Family, or Adult Nurse Practitioners; Certified Nurse Midwives; Gynecologists; Family Physicians; Physician Assistants; and Registered Nurses. The conference will present the latest evidence-based information related to family planning and reproductive health and expand and build confidence in clinical skills through pre-conference practicum sessions. More information can be found at www.ctcfp.org.