

Region II Infertility Prevention Project Committee Meeting

Title X - The National Family Planning Program

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What We Will Cover



- A Bit About the History of Title X
- A Bit About the Structure of Title X
- A Lot About “The State of Family Planning”:
 - Budget/Appropriations
 - Health Care Reform Implications

Title X (Family Planning) of the Public Health Service Act



- Created in 1970
- Amended the Public Health Service Act to provide grants for family planning services. Also, provides grants for related research, training, and informational and educational materials – this change is called the “Family Planning Amendments of 1970”

Purpose of Title X



- To make sure that people who want and need family planning services can get them. Priority is for people from low income families.
- Mission is to provide individuals with the educational, medical, and social services they need to plan their families

Title X



- Family Planning includes preventive health services such as Pap smears, breast exams, HIV and STD tests, and other services related to reproductive health and family planning
- Enables men and women to plan pregnancies and space births, important elements in ensuring positive birth outcomes and a healthy start for children

Office of Population Affairs (OPA)

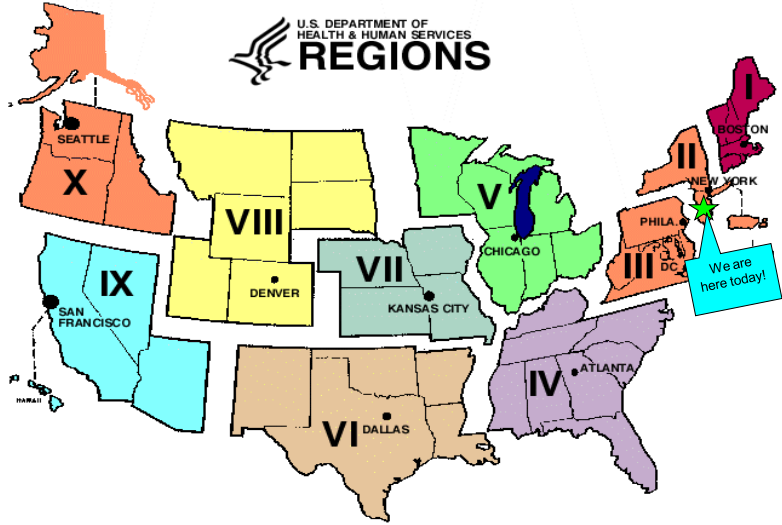


Purpose



- Focal point for the Department of Health and Human Services (HHS) on reproductive health issues
- Includes Title X Office of Family Planning &
- Title XX Office of Adolescent Pregnancy Programs (Adolescent Family Life Programs)

Public Health Service Regions



U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES
REGIONS

PHS Region II



- **PHS - Region II**
NJ, NY, PR, VI

Michelle Davis
Regional Health Administrator

Maria Diaz
Regional Program Consultant
For Family Planning



Structure of Title X



Major Provisions of the Law

- 1001 – Title X Services - Heart  of Title X
 - More than 4500 clinics in the system
- 1003 – Title X Training
 - One General Training Center in each Region – Cicatelli Associates for Region II
 - Clinical Training
 - Male General Training
- 1005 – Title X Information and Education
 - Title X Clearinghouse, publications, clinic directory

Structure of Title X



- 1004 – Title X Research
 - Evaluation Activities, Service Delivery Improvement Research
- 1008 – Prohibition of Abortion

Funding



- Title X Part of the Labor/ HHS (*Health and Human Services*) Appropriations
- Congress provides funding for family planning and instructions on how to run the program

So, Title X ...



- Budget for 2010 \$317,491,000
(actually a slight Increase form 2009)
- Budget for 2011 –CR at 2010 funding level
Final 2011 appropriation in Doubt - Stay Tuned
- **President's 2012 Budget Request - \$327,400,000**
(\$9.9 Million Increase)
- Program Priority is to maintain family planning clinical services

What Does Level to Decreased Funding Mean for Title X Services?



- Challenges Provider Budgets
- Increased emphasis on efficiency
- Creative planning/strategic decision-making
- Focus on maintaining required clinical services
- HELP!!!!

Where Does the Money Go???



- 90% (at least) is used for clinical family planning service projects
- 10% (at most) is used for
 - Training
 - Research
 - Information and Education
 - Administrative responsibilities (rent, salaries, etc.)

Appropriations Language – Has the Force of Law



- When Congress funds Title X, it includes language that tells us what is expected – we call this language “Legislative Mandates” – it means we have to make sure Title X projects do what Congress expects
- Concern about possible “Riders” to the 2011 Title X Appropriation

Title X Family Planning Services National Perspective



- 89 service grantees
 - 57% are State, Territorial, Tribal, County, or Local Health Agencies
 - Remainder are universities and community-based not for profit agencies
 - 4500+ clinics in network
 - Over 5.1 million unduplicated users in 2009

Client Characteristics 2009*



- 5,186,267 total users
 - 4,811,691 female (93%)
 - 374,576 male (7%)
- 55% 24 yrs. or younger
- 32% racial minority
- 28% Hispanic/Latino
- 70% \leq 100% FPL
- 90% \leq 200% FPL



* Family Planning Annual Report (FPAR) published in November 2010

2011 Title X Program Priorities



- Assuring the delivery of quality family planning and related preventive health services, where evidence exists that those services should lead to improvement in the overall health of individuals, with priority for services to individuals from low-income families;
- Expanding access to a broad range of acceptable and effective family planning methods and related preventive health services that include natural family planning methods, infertility services, and services for adolescents, including adolescent abstinence counseling. The broad range of services does not include abortion as a method of family planning;
- Providing preventive health care services in accordance with nationally recognized standards of care. This includes, but is not limited to, breast and cervical cancer screening and prevention services; sexually transmitted disease (STD) and HIV prevention education, testing, and referral; and, other related preventive health services;

2011 Title X Program Priorities



- Emphasizing the importance of counseling family planning clients on establishing a reproductive life plan, and providing preconception counseling as a part of family planning services, as appropriate;
- Addressing the comprehensive family planning and other health needs of individuals, families, and communities through outreach to hard-to-reach and/or vulnerable populations, and partnering with other community-based health and social service providers that provide needed services.
- Identifying specific strategies for addressing the provisions of health care reform ("The Patient Protection and Affordable Care Act"), and for adapting delivery of family planning and reproductive health services to a changing health care environment, and assisting clients with navigating the changing health care system.

Scope of Title X Services



- Voluntary
- Confidential
- Priority low income
- Any individual desiring services - male and female, regardless of ability to pay
- Under the direction of a physician with training or experience in FP
 - Most services provided by NPs, CNMs, PAs

Scope of Required Title X Services



- Broad range of acceptable and effective FP methods
- Education and counseling related to FP
- Physical exam and related preventive health services
- Pregnancy diagnosis and counseling
- Adolescent Services
- Clinical procedures as indicated for method
- Laboratory tests as indicated for method
- Level 1 Infertility services

Pregnancy Diagnosis and Counseling



- History
- Pregnancy test
- Physical assessment, including a pelvic exam
- Counseling and referral

Adolescent Services



- All services required by Title X
- Confidential services, but encourage family participation in the decision of minors to seek family planning services
- Counseling on resisting attempts to coerce minors into engaging in sexual activities
- Counseling and age appropriate information without assumption that adolescent is sexually active
- Information about all methods of contraception, including abstinence

HIV Prevention Services



- HIV Counseling, Testing and Referral either on-site or by referral required of all Title X projects
- Follow CDC Guidelines (OPT Out)
- Competitive Title X HIV Integration Project Funding (OPA/Minority AIDS Initiative)

Related Preventive Health Services



- Breast and Testicular Cancer Screening and instruction on self-exam
- Cervical and Colorectal Cancer Screening
 - According to nationally recognized standards
- Lab screening for prevention
 - lipids, Hepatitis B testing, urinalysis, anemia screening, etc.
- STD Prevention Education, Counseling, and Testing

Emerging Issues



- Affordable Care Act (ACA – Health Reform)
 - Implications
 - ❖ Funding
 - ❖ HIT & Meaningful Use
 - ❖ State Health Exchanges
- Revised Program Guidelines
 - Advisory Work Group
 - Targeted Completion Date – End of 2012
- Title X Performance Information Monitoring System (PIMS)
 - To Design and assess feasibility of web-based system
 - To collect and analyze family planning encounter data from a representative sample of Title X-funded clinics
 - If implemented, the Title X PIMS permit OPA to:
 - ❖ Calculate & monitor progress on evidenced based measures of Title X program performance;
 - ❖ Conduct in-depth analyses on issues relevant to the Title X Program;
 - ❖ Monitor & track emerging issues; and
 - ❖ Respond to information requests from Congress, public health agencies, and other stakeholders in the Title X Program

Emerging Issues



- Institute of Medicine (IOM) Report
“A Review of the HHS Family Planning Program: Mission, Management, and Measurement of Results”
- National HIV AIDS Strategy (NHAS)

RESOURCES



- Office of Population Affairs Web Site

<http://www.hhs.gov/opa/>

Contains information about the Office of Family Planning, the Office of Adolescent Pregnancy Programs, Grant opportunities, Legislation, References, and other pertinent information

OPA Contents

[Office of Family Planning](#)

[Office of Adolescent Pregnancy Programs](#)

[Office of Research and Evaluation](#)

[Publications](#)

[Legislation](#)

[Other Sites](#)

OFP Contents

[Regional Health Administrators](#)

[Regional Program Consultants](#)

[Research Listing](#)

Grantees

[Service Grantees](#)

[Training Grantees](#)

[Male Involvement](#)

To Summarize



- Title X began as a program to provide family planning services to persons who did not have them
- Over time, the program has grown to provide more health services for persons, especially women, in their reproductive years
- Increasingly, more is expected of Title X providers while funding remains level or possibly will decrease.
- This results in an increased emphasis on efficiency, strategic decision-making, and focus on the primary mission of Title X.
- The clients we serve depend on this program for family planning and reproductive health care, as well as information and access to the broader health care community.
- SO...



When you get to the end of your rope, tie a knot and hang on.

Franklin D. Roosevelt

BUT, whatever you do,

Never, never, never give up.

Winston Churchill



Questions???