

## FACULTY

**Maria Mezzatesta, R-LCSW**  
**Director, FECS**  
**Long Island Division**

Ms. Mezzatesta is the Director of FECS' Positive SPACE, a multi-service program serving Long Islander's infected and affected by HIV/AIDS and has been employed by FECS since 1995. Ms. Mezzatesta has more than 15 years experience working as a mental health advocate and counselor.

**Sheila Ryan, LCSW, MPH**  
**Program Director,**  
**Special Needs Clinic, NYC**

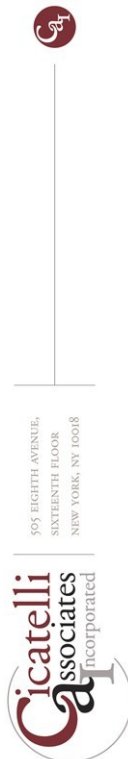
Ms. Ryan is the Program Director and Psychotherapist at the Special Needs Clinic at New York Presbyterian Hospital. Ms. Ryan has over 16 years of experience in providing comprehensive mental health services for HIV-affected children and families, with expertise in substance use, trauma, educational difficulties and bereavement issues.

**Keran Deli, PhD, LPC**  
**Director of Behavioral Health,**  
**Cicatelli Associates Inc.**

Dr. Deli has years of experience as a counselor and educator in the fields of HIV/AIDS, mental health, substance use and co-occurring disorders, and over 20 years experience in providing training and TA in these areas,



Cicatelli Associates Inc.  
505 Eighth Avenue  
New York, NY 10018



## Personality Disorders and HIV/AIDS

**A Training Program for Mental Health Counselors, Social Workers and Therapists Working with HIV+ Patients**

**February 25, 2010**  
Copogue, NY

**March 22, 2010**  
New York City

9:00am—5:00pm

**Presented by:**

Cicatelli Associates Inc.  
505 Eighth Avenue  
New York, NY

**Funding Provided by:**

New York State Department of Health  
AIDS Institute



# Personality Disorders and HIV/AIDS

## HIV/AIDS Mental Health Training and Technical Assistance

Cicatelli Associates Inc. (CAI) is providing Training and Technical Assistance (TA) throughout New York State for the New York State Department of Health AIDS Institute Mental Health Care for Persons with HIV/AIDS (PWHA) initiative.

### Goals

As a result of these trainings we plan to:

- 1) increase the knowledge and skills of advanced mental health (MH) providers on the latest advances in medical, behavioral and legal issues in HIV and MH, including evidence-based practices;
- 2) increase PWHA and community provider knowledge and understanding of the signs and symptoms of common MH problems, the importance of MH to overall health and wellness, reduce the stigma around mental illness, and increase PWHA's ability to care for their MH;
- 3) build regional networks of providers to increase collaboration and share successes and challenges in providing care to PWHAs.

### Who Should Attend

The primary target audience is mental health professionals who are licensed by the New York State Department of Education and the Board of Regents to practice within the boundaries and scope of their respective profession. Preference will be given to licensed clinicians working in Ryan White Part B funded agencies.

### For More Information

For more information about this workshop, contact Keran Deli, PhD, at [keran@catelli.org](mailto:keran@catelli.org).

For more information about registration, contact Ida Colon at [Ida@catelli.org](mailto:Ida@catelli.org) or refer to our website at [www.cicatelli.org/AIMH](http://www.cicatelli.org/AIMH)

### Description

Personality Disorders refer to rigid patterns of thoughts and behaviors that can have a negative impact on ones relationships, life and social functioning. Personality disorders among patients infected with HIV are associated with a higher rate of depression, maladaptive coping, and other psychiatric symptoms. Although psychotherapy is helpful in addressing personality disorders, patients with personality disorders present many challenges for the therapist. This training program is designed to help the mental health counselor learn information interventions and skills to help them work more effectively with clients with personality disorders.

### Objectives

At the end of this workshop, participants will be able to:

- Define what a personality disorder is
- List and describe the defining characteristics of at least 4 personality disorders
- Explore the impact of personality disorders on mental health treatment and care for PWHAs
- Demonstrate through role plays and case studies how to work effectively with PWHAs who have personality disorders.

### Training Dates and Locations

Location	Dates
Copague, NY	Thursday, February 25, 2010
New York City	Monday, March 22, 2010

### Continuing Education Units

Cicatelli Associates Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Cicatelli Associates Inc. maintains responsibility for the programs and their content.

Participants who complete this course are eligible for social work continuing education units or continuing education for psychologists (6.5 hours).

## Personality Disorders and HIV Registration Form

### Choose DATE/LOCATION\*:

\_\_\_\_ February 25 Copiague, NY

\_\_\_\_ March 22 New York City



### TIME

9:00am—5:00pm

\*NOTE: You will be sent the address of the training location in a confirmation email

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Occupation

Advanced degrees/certifications (please circle)  
PhD LCSW LMSW LMHC Other \_\_\_\_\_

\_\_\_\_\_  
Agency/Affiliation

\_\_\_\_\_  
Agency Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-mail

**To register, please print clearly and detach and mail or fax registration form to:**

Ida Colon  
Cicatelli Associates Inc.  
505 Eighth Avenue  
16th Floor  
New York, NY 10018  
212-629-3321 (fax)  
212-594-7741, x288 (phone)  
[ida@catelli.org](mailto:ida@catelli.org)

**Registration also available online at:**  
[www.cicatelli.org/AIMH](http://www.cicatelli.org/AIMH)

## Register Early!

Due to the intensive nature of this training program, space is limited. You must be registered in order to attend. You will receive an e-mail upon registering that will serve as a registration confirmation. You must receive a confirmation in order to attend the training.