

FACULTY

Gregg Heffner, LCSW - R
Director of Treatment Services
The Brownell Center
Syracuse, NY

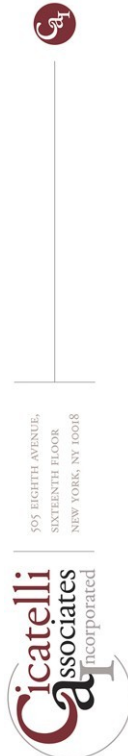
Mr. Heffner is an experience therapist providing life enhancing therapeutic/mental health services to multiply diagnosed individuals/groups/families. Comprehensive services include: complete assessment and diagnosis, developing and monitoring of appropriate treatment plan, individual, group and family therapy, coordination of care, and conferencing with other community based clinicians. Mr. Heffner has years of clinical and administrative experience in the fields of HIV/AIDS, chemical dependency and mental health treatment.

Keran Deli, PhD, LPC
Director of Behavioral Health,
Cicatelli Associates Inc.

Dr. Deli has years of experience as a counselor and educator in the field s of HIV/AIDS, mental health, substance use and co-occurring disorders, and over 20 years experience in providing training and TA in these areas,



Cicatelli Associates Inc.
505 Eighth Avenue
New York, NY 10018



HIV/AIDS and Older Adults

**A Training Program for Mental
Health Counselors, Social
Workers and Therapists Working
with HIV+ Patients**

Part One: February 24, 2010
Part Two: March 10, 2010

Syracuse, NY

Presented by:
Cicatelli Associates Inc.
505 Eighth Avenue
New York, NY

Funding Provided by:
New York State Department of Health
AIDS Institute



HIV/AIDS and Older Adults

HIV/AIDS Mental Health Training and Technical Assistance

Cicatelli Associates Inc. (CAI) is providing Training and Technical Assistance (TA) throughout New York State for the New York State Department of Health AIDS Institute Mental Health Care for Persons with HIV/AIDS (PWHA) initiative.

Goals

As a result of these trainings we plan to:

- 1) increase the knowledge and skills of advanced mental health (MH) providers on the latest advances in medical, behavioral and legal issues in HIV and MH, including evidence-based practices;
- 2) increase PWHA and community provider knowledge and understanding of the signs and symptoms of common MH problems, the importance of MH to overall health and wellness, reduce the stigma around mental illness, and increase PWHA's ability to care for their MH;
- 3) build regional networks of providers to increase collaboration and share successes and challenges in providing care to PWHAs.

Who Should Attend

The primary target audience is mental health professionals who are licensed by the New York State Department of Education and the Board of Regents to practice within the boundaries and scope of their respective profession. Preference will be given to licensed clinicians working in Ryan White Part B funded agencies.

Continuing Education Units

Cicatelli Associates Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Cicatelli Associates Inc. maintains responsibility for the programs and their content.

Participants who complete this course are eligible for social work continuing education units or continuing education for psychologists (6.5 hours).

For More Information

For more information about this workshop, contact Keran Deli, PhD, at keran@catelli.org. For more information about registration, contact Ida Colon at Ida@catelli.org or refer to our website at www.cicatelli.org/AIMH

Description

The number of older adults (aged 50 and older) with HIV/AIDS continues to rise due in part to advanced treatment therapies which allow many HIV positive persons to live longer, healthier lives, and also due to the risk behaviors (such as unprotected sexual intercourse and injection drug use) that older adults engage in. Almost a third of all people with HIV in the US are over the age of 50. The number of newly diagnosed women 50 and older has gone up by 40% since 2003. It is estimated that older adults will account for half of all HIV/AIDS cases in the United States by 2015. (ACHIEVE, Fall, 2009). As the HIV/AIDS population continues to age, the mental health professional needs to know the medical, behavioral and psychosocial issues facing this growing population, and strategies for working with these persons.

Part One of this training focuses on the needs and issues facing this population including drug and alcohol use among older adults; sexual behaviors and risks among older adults; psychological and social issues facing older adults with HIV; health consequences of HIV/AIDS and its interactions with normal aging; stigma, HIV/AIDS and the older adult

Objectives Part One (February 24)

At the end of this training, participants will be able to:

- List at least 3 psychological and social issues related to older adults with HIV
- Describe the health impact of HIV on older adults
- Practice discussing risk reduction and secondary prevention with older adults who are HIV positive
- Discuss how stigma can impact on the mental health and behaviors of older adults with HIV/AIDS
- Explore the role of the mental health clinician in working with older adults with HIV

Part Two of this training will focus on specific strategies and interventions including perceptions of vulnerability to HIV among older adults and the role of intimate partners; social isolation and engagement among older adults with HIV; HIV prevention strategies and behavioral interventions with older adults; mental health counseling and older adults; coordination and integration of local service networks

Objectives Part Two (March 10)

At the end of this training, participants will be able to:

- Describe at least 3 issues contributing to the mental health issues of older adults with HIV
- Explore strategies for providing mental health counseling with older adults
- Using case studies, discuss mental health and social issues affecting older adults with HIV/AIDS, and strategies to address them
- Practice through role plays mental health strategies and behavioral interventions with older adults with HIV

HIV/AIDS and Older Adults Registration Form

DATES:

Part One: February 24, 2010

Part Two: March 10, 2010

Location: 1045 James Street,
Syracuse NY 13203

TIME: 9:00am—5:00pm



NOTE: You must register for Part One in order to attend Part Two

Name	_____
Title	_____
Occupation	_____
Advanced degrees/certifications (please circle)	_____
PhD LCSW LMSW LMHC Other	_____
Agency/Affiliation	_____
Agency Address	_____
City, State, Zip	_____
Phone	_____
E-mail	_____

Indicate which workshop(s) you are registering for:
 Part One Only (February 24 only)
 Part One and Part Two (February 24 and March 10)

To register, please print clearly and detach and mail or fax registration form to:

Ida Colon
Cicatelli Associates Inc.
505 Eighth Avenue
16th Floor
New York, NY 10018
212-629-3321 (fax)
212-594-7741, x288 (phone)
ida@catelli.org

Registration also available online at:
www.cicatelli.org/AIMH

Register Early!

Due to the intensive nature of this training program, space is limited. You must be registered in order to attend. You will receive an e-mail upon registering that will serve as a registration confirmation. You must receive a confirmation in order to attend the training.